

Nurture Your Nature Activity List

1. Go for a walk with a grown-up and look for bugs along the way. Count all the bugs you see. Write down the number in Box 1.
2. When you wake up in the morning, close your eyes and listen. Can you hear the birds? See if you can make a sound like a bird. Draw a bird in Box 2.
3. Take a walk with a grown-up to a place where there are lots of flowers. Can you see any bees or butterflies? When you get home, draw a picture of a flower with a bee or butterfly in Box 3.
4. Make a bird feeder with an adult. Find a pinecone and spread it with peanut butter, roll it in bird seed and use string or yarn to hang it from a tree. Watch to see which birds come to try it out. Draw a picture of one in Box 4.
5. Go for a walk and find five different shaped leaves. Pick one of each kind and bring them home. You may want to trace around them and color them in. Talk with a grown-up about what makes each one different. Draw one in Box 5.
6. What animal would you most like to be? Try out wiggling like a worm, flapping your arms like a butterfly or taking huge jumps like a cricket. Write or draw the one you liked best in Box 6.

Nurture Your Nature Activity Chart

Name: _____

Box 1

Box 2

Box 3

Box 4

Box 5

Box 6