

Head outside and make observations in nature. Your child will grow self-regulation skills as they look closely and learn to ignore distractions.

**FLOWER**



WHAT COLOR IS THE FLOWER?  
FLOWER?

**TREE**



HOW TALL IS THE TREE?

**PLANT**



WHAT SHAPE ARE THE LEAVES?

**LEAF**



WHAT TREE DID IT COME FROM?  
FROM?

**GRASS**



HOW DOES IT FEEL?

**RABBIT**



WHERE DO YOU THINK IT'S GOING?

**ROCK**



WHAT COLORS DO YOU SEE IN THE ROCK?

**BIRD**



WHAT KIND OF BIRD IS IT?

**STICK**



HOW LONG IS IT?

**BUG**



HOW MANY LEGS DOES IT HAVE?

**SQUIRREL**



WHERE DO YOU THINK IT'S GOING?

What else will you find?

Make a prediction and write or draw it here!