



Overcoming Obstacles

This group focuses on building practical skills including communication, decision-making, anger management, self-esteem, resilience and problem solving.

June 1 - July 31

9 weekly sessions

Most medicaid and insurances accepted

LOCATIONS:

- ◆ *Southwood*
61 West Davies Ave
- ◆ *Highlands Ranch*
200 Plaza Dr Suite 200
- ◆ *Parker*
9235 Crown Crest Blvd Suite 250
- ◆ *Castle Rock*
2356 Meadows Blvd Suite 230B
- ◆ *Inverness*
155 Inverness Dr W Suite 100
- ◆ Virtual Option

For more information



sbmhs@allhealthnetwork.org



Your School Based Therapist